OCTOBER 2023

Jones/Junior High Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Warm Muffin/ Cereal 100% Juice Fresh Fruit Choice of Milk	Warm Breakfast Cookie/Cereal 100% Juice Fresh Fruit Choice of Milk	4 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	5 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	6 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
9	Warm Muffin/ Cereal 100% Juice Fresh Fruit Choice of Milk	10 Warm Breakfast Cookie/Cereal 100% Juice Fresh Fruit Choice of Milk	11 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	12 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	NO SCHOOL
16	Warm Muffin/ Cereal 100% Juice Fresh Fruit Choice of Milk	17 Warm Breakfast Cookie/Cereal 100% Juice Fresh Fruit Choice of Milk	18 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	19 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	20 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
23	Warm Muffin/ Cereal 100% Juice Fresh Fruit Choice of Milk	24 Warm Breakfast Cookie/Cereal 100% Juice Fresh Fruit Choice of Milk	25 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	27 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
30	Warm Muffin/ Cereal 100% Juice Fresh Fruit Choice of Milk	31 Warm Breakfast Cookie/Cereal 100% Juice Fresh Fruit Choice of Milk	1	2	3

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Milk Choices-1% White 1% Chocolate

Fresh Fruit Choices-Apple Apple Slices Banana Clementine Pear Applesauce Fruit Cup

